



IASP 2026 WORLD CONGRESS ON PAIN

Bangkok, Thailand • 26-30 October

Sawasdee ka, pain professionals,

I'm Ellie, your 2026 World Congress on Pain Ambassador, and I'm excited to welcome you to Bangkok.

This October, scientists, clinicians, healthcare providers, and trainees from around the world will come together to share research, exchange ideas, and build connections across pain disciplines. There will be a lot to see, learn, and plan for, so I'll help you keep track of what matters. After all, I never forget.



Start by exploring the Scientific Program, registering for the World Congress, and thinking about how you want to connect with colleagues from across the global pain community.

I can't wait to see you in Bangkok.

-Ellie

Ellie's Bangkok Checklist

Before you arrive in Bangkok, start with these essentials:

Register

Secure your place at the IASP 2026 World Congress on Pain, taking place 26-30 October 2026 in Bangkok, Thailand.

[Register](#)

Book Your Hotel

Review the official World Congress hotel options and choose the location, amenities, and travel plans that best fit your Congress schedule.

[Book Hotels](#)

Prepare for Travel

Review your passport, visa, flight, and local transportation plans early. Check official travel requirements for Thailand and allow extra time for any documentation you may need.

[Plan Travel](#)

Build Your Congress Schedule

Review the Scientific Program and begin identifying the lectures, workshops, poster sessions, SIG symposia, and hands-on learning opportunities you want to attend.

[Scientific Program](#)

Make Time to Connect

Plan for the conversations that happen beyond the session room, including poster discussions, coffee breaks, receptions, the Exhibition/Poster Hall, the Early Career Center, interactive pavilion experiences, and informal conversations throughout the week.

[Networking Opportunities](#)

