PROGRAM INFORMATION PACKET

JOIN NEX-GEN FOR LIFESKILLS

Geared towards high school juniors and seniors, LifeSkills engages students in a hands-on learning environment at our site in Lenora, KS, and helps them prepare to be financially-fit for their future.

- PROGRAM INFORMATION
- FAQS
- EXAMPLES
- CONTACT INFORMATION



785-421-7377 www.nex-generation.org sriggins@nex-generation.org

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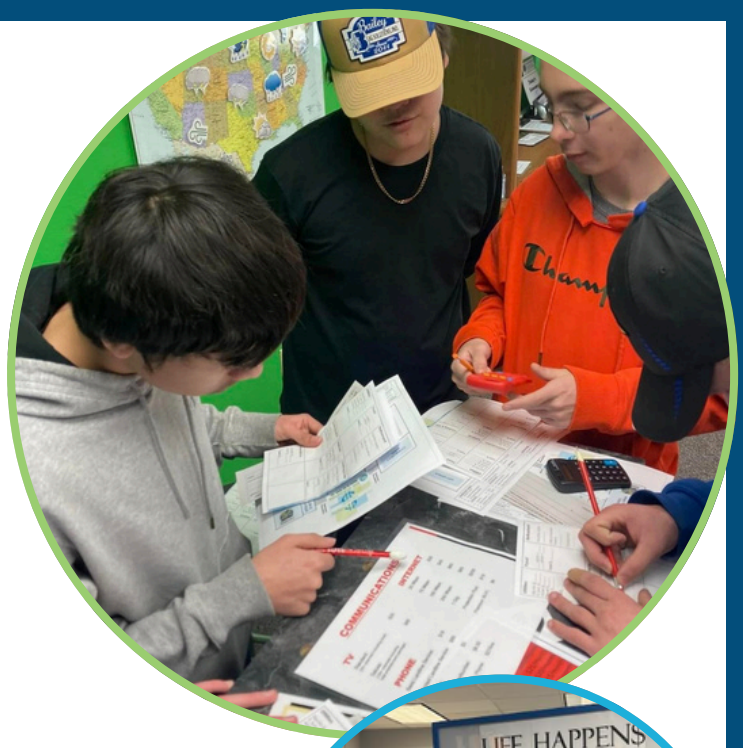



- **BUDGETING**
- **COMMUNITY READINESS**
- **ADULTING**

ENROLLMENTS OPEN MAY 1

Enrollments are open May 1, 2026 - September 30, 2026

NEX-GENERATION
Round Up for Youth, Inc.

STUDENT FEES

There are currently no student fees within Nex-Gen's 28-county region. Fees are $40 per student if outside of Nex-Gen's region.

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LIFESKILLS

Program Information

BUDGETING

Students are given a one month budget sheet to use as they visit each "shop" to pay for housing, childcare, insurance, and more!

COMMUNITY READINESS

With a presentation adapted from our Internship Leadership Days, we talk with the students about how to be involved in their communities now and in the future.

ADULTING

When participating in Lifeskills, students get a glimpse at what it's like to be "adulting" in the real world.

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WWW.NEX-GENERATION.ORG

LIFESKILLS

FAQs

ENROLLMENT FORM

Q: Where can I find the enrollment form?
A: You can find the Lifeskills enrollment form here: ENROLL HERE!

Q: Is there a minimum or maximum number of students for this program?
A: There is no minimum, but our maximum is 60 students.

Q: I have over 60 students in my grade/class, what do I do?
A: If your total student count exceeds 60 students, you will need to contact us to select 2 attendance dates.

PROGRAM

Q: Is there a curriculum required before attending?
A: No, the Lifeskills program does not have a curriculum required prior to attendance. However, we will send you a link to a Google Form to have the students fill out prior to your attendance date.

Q: What is the timeline for this program?
A: Students will need to arrive at 10 am. The program will start at 10:15 am, and is scheduled to conclude at 2:15 pm.

STUDENT FEES

Q: Is there a cost to participate in this program?
A: There is currently no student fees within Nex-Gen's 28-county region.

Contact us!

Sabre Riggins
Lifeskills/AmeriTowne Programs Coordinator

sriggins@nex-generation.org

(785) 421-7377

For more FAQs, visit our website at www.nex-generation.org.

"I think this was an amazing experience for the younger generation to learn real-life experiences!"
- Student Participant

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LIFESKILLS

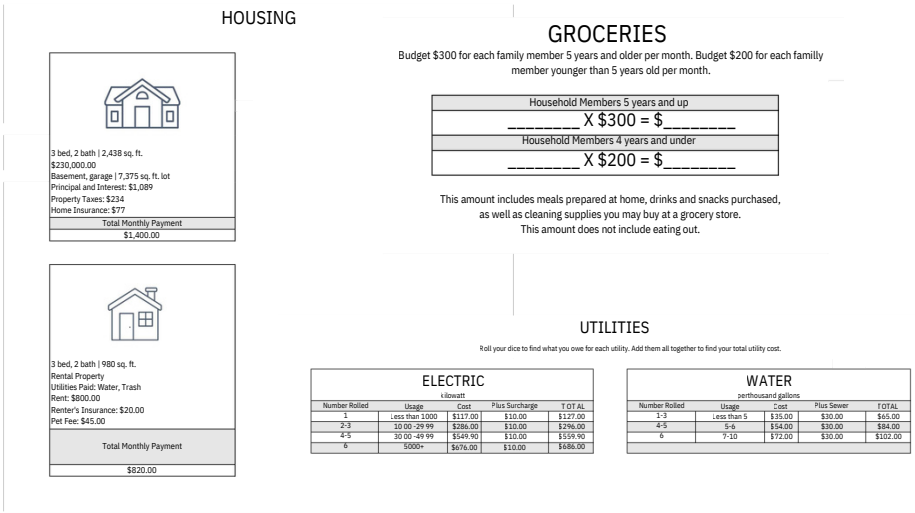
Examples

BUDGET SHEETS

Name		Annual Salary	$47,000.00
Address	205 W 2nd	Monthly Salary	$3,916.67
	AnyTown, KS 12345	Taxes Withheld	- $783.33
Degree	Bachelor's Degree		= $3,133.33
Number of Children	2	Secondary Monthly Salary	+ $3,000.00
Age of Children	2 year, 6 year		= $6,133.33
Job	TEACHER	Supplemental Salary	+
Employer	AnyTown School District	*ADJUSTED MONTHLY INCOME*	=

After taking the Student Questionnaire, each student is assigned a "job" based on their answers. With their "job", it includes their salary, taxes, and other information they'll use during the program.

BUDGET ITEMS



Each "shop" has an item the students will budget for such as housing, groceries, utilities, **and more**! We also include a Life Happens wheel where they budget for a random scenario!

"I think this was an amazing experience for the younger generation to learn real-life experiences!"
- Student Participant

"I think it was very eye-opening for the students."
- Wheatland High School Teacher

"I learned quite a bit today [at Lifeskills]."
- Student Participant

"I enjoyed this experience and feel like I benefitted from the Lifeskills program a lot!"
- Student Participant

"It helped me gain confidence in my budgeting skills!"
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LIFESKILLS

Examples

ADDITIONAL TOPICS

Item (example: Utilities)	Credit (+)	Debit (-)	Total (=)
Monthly Income			



AnyTown Credit Card Company

Name
Account Number 1234 5678 9012 0101
Due Date The end of the day

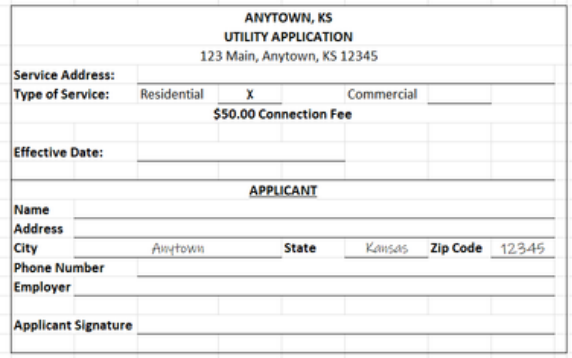
Purchase _____ Amount _____

Amount Due
Minimum Payment $35.00

Amount Paid _____
Date _____

Signature _____

This is a simplified example for educational purposes only. Actual credit card statements are complex and vary by issuer and product. For simulation purposes only.



ANYTOWN, KS
UTILITY APPLICATION
123 Main, Anytown, KS 12345

Service Address: _____
Type of Service: Residential X Commercial _____
$50.00 Connection Fee

Effective Date: _____

APPLICANT

Name _____
Address _____
City Anytown State Kansas Zip Code 12345
Phone Number _____
Employer _____

Applicant Signature _____

Scholarships:

You received **$10,000.00** in scholarships/aid for your degree.

Additonal topics we touch on during the Lifeskills program includes:

- Keeping track of purchases on a register sheet
- Credit cards
- How to fill out a utility application
- Scholarships
- How to fill out a voter registration form
- and **MORE**!

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LIFESKILLS

Contact Information

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Sabre Riggins, Lifeskills/AmeriTowne Programs Coordinator
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Janette Meis, Nex-Gen Executive Director
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www.nex-generation.org/lifeskills

Nex-Generation Round Up for Youth
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PO Box 97
Lenora, KS 67645

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