

Application: 501

Pahana Martinez

Started at: 3/25/2023 10:30 AM - Finalized at: 3/29/2022 03:35 PM

Page: Eligibility

Please select your program.

FASEB CARES Application

Note to Applicants: It will take approximately **20** minutes to complete this application. You will have the ability to save your work and complete the form later.

To be eligible for this awards program, you must be a current member of one (or more) of FASEB's full member societies.

Are you a current member of one (or more) of FASEB's full member societies?

Yes

Please select which society or societies you are an active member of

American Society for Biochemistry and Molecular Biology

Page: Application

Supporting Documents 1

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Supporting Documents 5

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Full Name

Pahana Martinez

Email address

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Place of Employment / Institution

Howard University

Department

Biochemistry and Molecular Biology

Phone number:

Mobile

Mobile Number

+1 123-456-7890

Mailing Address

829 Quincy St NW #210
Washington, District of Columbia(DC), 20011

Degree

Doctoral (PhD, EdD, DBA, DSc, DA, DM, DPhil)

Current Education/Career Stage

Postdoc

Are you the first-generation in your immediate family to pursue/obtain a post-secondary degree in the U.S. or abroad?

Yes

Did you grow up in or do you currently live in a low-income household?

Yes I grew up in a low-income household

Explanation of Need

Please provide an explanation of your need for the family care award. For example, how would this award promote professional development that would not be possible without financial assistance? Please include the number of dependents, support being requested, and the estimated cost.

Routine long-term daily care services are not reimbursable, as it is expected that the applicant will make those arrangements to perform their normal job duties.

Character count: (1500 min)

I am applying for the Career Advancement and Research Excellence Support (CARES) Award to cover caregiving expenses while I complete a grant and travel out of the country for a Molecular Biology Conference in South Africa June 23 -28, 2023 and future professional certifications to further my career in molecular biology. My current research is highly dependent on this grant submission, as it will provide me to the funding necessary to expand my research and gain access to new collaborators. As a result, I need protected writing, research, and meeting time outside of my normal schedule.

As the only child of sick elderly parents, I am their primary caregiver and coordinate my schedule around their needs. I have structured my lab time around their schedule. On days that I am in the lab, typically Monday, Tuesday, and Wednesday, I hired a part time home aide at \$22/hr to care for my parents from 9am – 5pm, for the weekly cost of \$528. Extending my home aide's services to cover additional research time needed for grant preparation and six days of full-time care, while out the cover, would raise my care giving expenses to nearly \$2500 for the month of June. Without the financial support of the FASEB CARES Award I would have to miss the conference, as I have done in the past, because I did not have the financial resources to cover both international travel and afford full-time home aide care for my parents.

Having the financial support of the CARES Award would allow me to make additional future career development plans without weighing costs and sacrificing time away from caring for my parents. To be truly competitive in the field of molecular biology and strengthen my clinical applications skills, I plan on pursuing the American Board of Clinical Cytogenetics (ABCC) certification. This certification can range from 1000-2000 in cost and requires a 6 month-1 year time commitment. Without the CARES Award, I would be unable to cover the full costs and time commitment necessary to advance my career.

Page: Self-Identification Disclosures

FASEB is committed to enhancing and sustaining diversity, equity, accessibility, and inclusion in the biological and biomedical sciences with a goal of creating and supporting an environment that is welcoming and safe for all. Thus, inclusion of diverse participants in FASEB's DEAI programs is critical to the scientific community. The demographic information collected through this form will help us increase the representation of historically excluded communities in our programs and make them more diverse and inclusive. Any data collected is confidential and will only be used in aggregate for internal review and program assessment.

Gender Identity

Nonbinary

Do you identify as LGBTQIA+?

Yes

Pronouns

They/Them

Race & Ethnicity

Hispanic/Latino/a/x, American Indian or Alaska Native- a person having origins in any of the original peoples of North or South America (including Central America), and who maintains tribal affiliation or community attachment.

Will you need any accessibility accommodations to participate in this program?

No