

Milton Stokes, PhD, MPH, RD, FAND

Business: Self-Employed	RDN Position: Strategic Communication Consultant
Purpose: Consulting in public relations and communication for food and nutrition companies and organizations, including PR agencies, commodities, food companies, nonprofits, and more. Advancing health and nutrition through communication.	
Opportunity Available to: Dietetic Interns, Nutrition Undergraduate Students, & Nutrition Graduate Students	
Location: Remote	
Business Hours of Operation: Flexible based on client need	
RDN Roles & Responsibilities: <ol style="list-style-type: none">1. Vice President & Nutrition Consultant, Food & Ag, Porter Novelli2. Vice President, Scientific Affairs, Sensei Ag, an AgTech startup3. Lead, Global Public Affairs and Issues Management, Bayer Vegetable Seeds4. Director, Global Health and Nutrition Outreach, Bayer, Crop Science.	Background on RDN Experience: <p>Milton Stokes, PhD, MPH, RD, FAND, has made his purpose advancing health and nutrition through communication. Milton has been at the intersection of food, agriculture, and nutrition for the last 10 years working through some of the most contentious and most urgent issues facing people and planet—issues like food and nutrition security as well as sustainability.</p> <p>At present, he is a consultant in global public relations and with agriculture and commodity groups. Milton has created and led global strategies and global teams to build relationships and alliances with strategic stakeholders. In short, he's engaged, educated, and empowered stakeholders to better understand some of the challenges farmers/growers face as well as some of the tools needed to meet those challenges.</p> <p>His most recent positions include:</p> <ul style="list-style-type: none">- Vice President & Nutrition Consultant, Food & Ag, Porter Novelli- Vice President, Scientific Affairs, Sensei Ag, an agtech startup- Lead, Global Public Affairs and Issues Management, Bayer Vegetable Seeds- Director, Global Health and Nutrition Outreach, Bayer/Monsanto, Crop Science. <p>Before joining Bayer, Milton had a tenure-track professorship in food and nutrition, and he directed a dietetic internship at the University of Saint Joseph in Connecticut. He also owned a private nutrition counseling practice with multiple offices throughout Connecticut and is a former restaurateur. His restaurant, co-owned with his mom, Ann, featured traditional food from the Southern region of the United States.</p> <p>Milton has been an active member of the Academy of Nutrition and Dietetics where he's served in appointed and elected positions on the local, state, and national levels, including the Academy's Board of Directors, the Finance and Audit Committee, National Media Spokesperson in the New York City media market, and numerous others.</p> <p>His communication and media endeavors have resulted in appearances in Cooking Light, Fitness, Self, Men's Health, The Washington Post, Ladies Home Journal, and countless others. He's also written freelance for Environmental Nutrition, Today's Dietitian, Men's Health, Prevention, WeightWatchers.com, and the NY Daily News. His fourth book was a New York Times best seller, and his latest is Launching Your Career in Nutrition and Dietetics.</p> <p>Active in international nutrition and agriculture, Milton has led special assignments in Asia, including the Philippines, Vietnam, and Indonesia, and collaborated with colleagues in China, South Korea, and Singapore. He is a member of the International Affiliate of the Academy of Nutrition and Dietetics and an honorary member of the Nutritionist-Dietitians Association of the Philippines.</p> <p>Milton began his career in clinical nutrition in New York City with a food and nutrition management company caring for a range of patient populations. He served in staff and management positions along the way as well as precepted dietetic interns and students from several colleges and programs.</p> <p>Milton has a master's degree in Public Health from Hunter College – City University of New York, and his clinical training was conducted at Yale-New Haven Hospital affiliated with Yale University School of Medicine. His doctoral degree, from the University of Connecticut, is in Communication and Marketing with a specialization in Health Communication.</p>

Overview of Planned Experience:

This depends on the projects I am working on at the time of student need, but could include:

- Writing for consumers

- Writing for health professionals and scientists

- Creating presentations

- Scripting presentations

- Creating social media content

- Literature reviews

- Analyzing literature and summarizing for internal use

- Monitoring for issues and hot topics

- Stakeholder mapping

 **Academy of Nutrition**

and Dietetics

Foundation