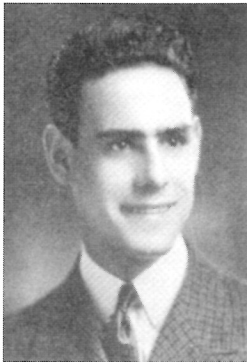


**Charles H. Espanet, Jr.
Class of 1938**



Charles H. Espanet, Jr. graduated from Milford High School in 1938. He was a three-sport athlete, competing in football, basketball and baseball. As the editors of the 1938 Edition of the OLI Yearbook stated: "He was our hero...on the gridiron, diamond, and basketball court."

On the football field, Charlie was described as a "flashy back" who was a "phenomenal punter". Charlie was also considered a fine basketball player, both offensively and defensively. It was in baseball, however, that Charlie left his mark.

Few, if any, players could match Charlie's defensive prowess as a third baseman. He was a smooth fielder with a strong arm. His offensive talents matched his skill in the field. As a senior, he batted a robust .432. His ability did not go unnoticed. Boston University awarded Charlie an athletic scholarship to play baseball, and he continued to showcase his talents for the Terriers.

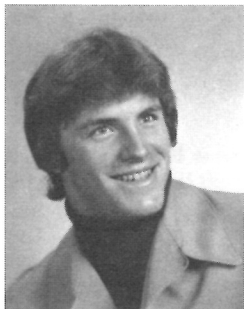
Charlie continued to contribute to the growth of youth through coaching varsity football, basketball and baseball at Milford High. His baseball teams posted a record of 110 wins and 23 losses from 1954 through 1961, when he retired from coaching to become Director of Athletics. Charlie continued his association with the baseball community, serving as an umpire for over twenty-five years.

As a Social Studies teacher, he taught with an intensity that excited his students to seek loftier goals through higher education. He continued to inspire his pupils in the latter part of his high school career as a guidance counselor.

A citation given by the Town of Hopedale in 1987 noted his "wisdom, counsel and fine tuned judgment.... a sterling kind of person who has given himself so unselfishly..". Truer words were never spoken.

Charlie and his wife Regina (Casasanta) Espanet are the parents of Charles III and Richard Espanet.

**Howard Long
Class of 1977**



Howie enrolled at Milford High School in the Fall of 1974 as a thirteen year old sophomore. His great enthusiasm for playing sports was evident the minute he was issued his first helmet and shoulder pads. With the encouragement of his grandmother and his uncles, especially Uncle Bill Mullen in Milford, Howie began his successful journey to become one of the best at his position to play the game of football.

Howie was a starter on the 1975 and 1976 Milford High School football teams at both defensive end and offensive tackle. He combined size, speed, and mental and physical toughness with unlimited athletic ability to be one of the most dominant high school linemen in New England. He was a Midland League All Star in both his junior and senior years. His Milford High School athletic accomplishments extended into the track season where he set the school shot put record that stood for almost twenty years.

Howie was heavily recruited and was offered full scholarships at Boston College, Maryland and Villanova, where he enrolled. While playing for the Wildcats, he became recognized as one of the most talented linemen in the country. "Howard Long is a true All-American," said Villanova Coach Dick Bedesem in 1979. "I don't think there's a youngster in the country with any more ability than Howard."

Howie was selected to play in the Blue-Gray All Star game by Harvard Football Coach Joe Restic, Sr. He finished his collegiate career by being selected Defensive MVP of the game. He was selected in the second round of the 1981 National Football League draft by the Oakland Raiders.

Howie's achievements rank among the all time NFL leaders: thirteen year starter (179 games) for the Raiders; 8 Pro Bowl selections; 84 Career Sacks; selected to the NFL's All Decade Team of the 1980's; #7 on the Boston Globe's list of *All Time Massachusetts High School Football Players*; first modern day player from Massachusetts inducted into the Pro Football Hall of Fame in Canton, Ohio.

Howie retired from the NFL in 1993. He parlayed his football knowledge, personality and communication skills into a career as a respected football commentator and promising actor.

Howie, his wife Diane, and three sons- Christopher, Kyle and Howie- live in Charlottesville, Virginia at the edge of the Blue Ridge Mountains.