



### **Robert Lanzetta** **Class of 1987**

Robbie Lanzetta's work ethic, commitment to his team, and leadership qualities were an inspiration to his teammates throughout his athletic career at Milford High School. Though he never really experienced an off-season as a three-sport athlete in football, wrestling and track and field, he always worked hard to improve his agility, strength and stamina.

Lanzetta, in the words of Hall of Fame Coach Dennis Breen, "always did the most difficult things well." Competing in the hurdles and discus on the track, his quickness and strength often times overcame the more technical skills of his opponents.

On the wrestling mat, Robbie was a four-year starter and captained the team as a senior. He was a three-time sectional place winner and amassed a dual meet record of 18-6, captured the Div. II Central Sectional Championship and placed third in the Div. II State Tournament as a senior in 1987. He was a key member of back-to-back sectional team championships in 1985 and 1986.

Lanzetta was a two-way standout on the football field. On offense, he was a bruising fullback with speed, a tough combination for opponents to bring down. He averaged almost six yards per carry and scored nine touchdowns during his senior year. Defensively, he filled a key role as a middle linebacker, helping to give direction to an inexperienced group. Aggressive but disciplined, he led the team in tackles and was near the top in interceptions.

As a co-captain and team MVP, Robbie's leadership helped guide the 1986 team from an early season 2-2-1 record to the Div. I Central Super Bowl Championship. He also scored a record four touchdowns in the 38-6 win over Maynard. His exploits on the field earned him a scholarship to play football at Fordham.



### **Debra Koch Mason** **Class of 1987**

Debra Koch entered Milford High in November 1984 as a sophomore transfer student who had just played a significant role on an undefeated Field Hockey team at Central Bucks HS West in Pennsylvania. She didn't miss a beat and went on to become one of Milford High School's best three-sport athletes.

Debi made her presence felt immediately on the basketball court, working her way onto the varsity team and earning Rookie of the Year honors on a team that finished in 2<sup>nd</sup> place in the Midland League and qualified for the District Tournament for the first time in seven years. By her senior year, she had developed into a versatile player at both guard and forward. Leading the team as a tri-captain, she possessed a smooth shot and was a tenacious defender. Coach Matt O'Connor attributed eighth-seeded Milford's 53-52 upset of number one seed No. Middlesex

in the Div. I Central Quarterfinals to his decision to switch to man-to-man defense, with Koch smothering the opponent's leading scorer in the second half. Debi also earned Rookie honors as a relief pitcher and outfielder on the 1985 Midland League Champion Softball team. She continued to excel as a starting pitcher and first baseman as the team qualified for the District Tournament in both her final two years on the team.

Koch's outstanding two-way play as a right link on the Field Hockey team during her two-year tenure led MHS to its best records ever. The 1985 team finished 11-1-4 and were Midland League Champions while qualifying for the District Tournament for the first time ever. As a senior tri-captain and team MVP, she quarterbacked the team from her mid-field position to a program best record of 13-2-3 and its highest finish ever in District Tournament play. After beating No. Middlesex, 2-0, the team lost to Gardner, 2-0, in the Division I Semi-finals. Debi's talent and fierce competitiveness earned her a Field Hockey scholarship to Division I Boston University, the first Field Hockey player from MHS to compete at that level. While she still excelled defensively, almost always marking the opponent's top scorer, Debi developed into a solid offensive player as well. After helping the team to an NCAA Div. I Tournament berth as a junior, Debi finished her career as captain of the 1990 squad. She continues to give back to the sport, coaching Field Hockey at both the youth and high school level in Pennsylvania.