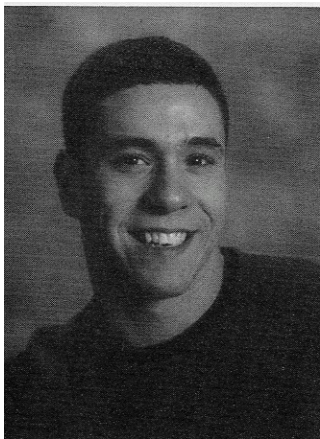




David Claro Class of 1998

David Claro became just the third MHS wrestler to capture two State Championships, thus earning his place in the pantheon of Milford High School athletic greats.

From the outset, Dave demonstrated a great work ethic and true dedication to the sport. He set goals and saw his first varsity action as a sophomore on the 1996 Division II State Championship Team. Thrust into the lineup as a last-minute entrant in the prestigious Lowell Holiday Tournament, Claro placed fourth in a field of 60 wrestlers.

Dave continued to excel on the mat, and his confidence grew, as he compiled a 28-5 record during his junior year. Wrestling at 145 lbs., he won both the Division II Central and Division II State Championships. He was named the team's Most Dedicated wrestler.

Claro served as team captain as a senior and demonstrated great leadership. He inspired his teammates to learn more, achieve more and to aspire to greater heights, both individually and as a team. Dave put together a stellar senior campaign, piling up a 37-3 record and defending his 145 lb. titles at both the Sectional and State Tournaments.

Dave proved his tenacity and toughness at the New England Championships. He won his first three bouts, one of which was with a takedown at the buzzer to avenge one of his early season losses. In his third match, he suffered a gash above his eyebrow that required fifteen stitches, but returned to wrestle the next morning to win his semi-final match and advance to the championship bout where he lost by a 6-4 score to finish second in New England at 145 lbs. He was named team MVP, and finished with a career record of 97-16, placing in the top five in career wins at Milford High.



Sarah Kearns Slapak Class of 2004

Sarah Kearns Slapak played a huge part in taking the MHS Girls' Swim program to new heights during her four years on the team. From her very first meet as a freshman, until her last lap as a senior, she rarely lost a race in her specialties- the 200 and 500-yard Freestyles, helping the team to unprecedented success. She anchored all three relay events to new school records.

Sarah won the South Sectional Championships in both events as a Freshman, and successfully defended those titles as a Sophomore, helping the team to a seventh-place finish in the field of 32. After placing second at the States in both the 200 and 500-yard freestyles her first two years, Sarah became Milford's first female State Champion swimmer as a Junior in 2002, winning the 200-yard Freestyle in a school record time of 1:54.83 .

Sarah capped off her Milford High School career during her senior year by placing second in the 500-yard Freestyle and third in the 200-yard Freestyle in the State Championships. She ranks among the elite few swimmers to have placed in the top three in both events during all four years of her high school career. She was a Southern Conference, Metro-West, Boston Herald and Boston Globe All Star for all four years, and still holds five school records as of this date.

Sarah went on to have a stellar career at the University of Connecticut. She placed third in the Mile in the Big East Conference as a freshman and earned Conference Rookie of the Year honors. She was a two-time team captain, held school records in the Mile and 500-Meter Freestyle, and still owns some of the Top Ten Times in program history. She is a member of the UConn Swimming Hall of Fame.